

# JANUARY 2025

## MEDICAL CALENDAR

Country Club  
Rehabilitation Campus  
at Mt. Vernon  
*A Senior Health Care Community*




SUN	MON	TUE	WED	THU	FRI	SAT
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**Location Key:**  
APT DR = Apartment Dining Room  
MED DR = Medical Dining Room

**All activities are subject to change due to activity staffing and weather**

**Mail Delivery  
Mon - Sat**

**Purple is Religious Offering  
Red is Restaurant**

<p><b>National Bird Day</b> 5</p> <p>10:00 Cardinal Craft (MED DR) 2:00 Bingo (MED DR)</p>	<p>9:00 Let's Get Moving Exercises (MED DR) 6</p> <p>9:30 Coffee &amp; Red Velvet Cake Social (MED DR) 1:00 Granny Creek (MED DR) 2:00 Balloon Volleyball (MED DR)</p>	<p>9:00 Let's Get Moving Exercises (MED DR) 7</p> <p>9:30 Making Borax Snowflakes (MED DR) 1:00 Names that Elvis Song (MED DR) 2:00 Wii Bowling (MED DR) 3:00 Resident Council (A-Wing DR)</p>	<p><b>New Year's Day</b> 1</p> <p>9:00 Let's Get Moving Exercises (MED DR) 9:30 Making Snow (MED DR) 1:00 Bingo (MED DR) 2:00 Banana Splits (Soda Shoppe)</p>	<p>9:00 Manicures &amp; Massage (MED DR) 2</p> <p><b>10:00 Pastor Bob Arnold Church Service (MED DR)</b></p> <p>1:00 Making a Sock Snowman (MED DR) 2:00 Movie &amp; Popcorn (MED DR)</p>	<p>9:00 Let's Get Moving Exercises (MED DR) 3</p> <p>9:30 Coffee &amp; Funetti Cake Social (MED DR) 1:00 Whose Face? (MED DR) 2:00 Happy Hour with Cheese Balls &amp; Crackers (MED DR)</p>	<p><b>National Trivia Day</b> 4</p> <p>10:00 Trivia Games (MED DR) 2:00 Bingo (MED DR)</p>
<p>10:00 Winter Themed Coloring (MED DR) 2:00 Bingo (MED DR)</p>	<p><b>National Rubber Ducky Day</b> 13</p> <p>9:00 Let's Get Moving Exercises (MED DR) 9:30 Coffee &amp; Yellow Cake Social (MED DR) 1:00 Rubber Ducky Scavenger Hunt (MED DR) 2:00 Rubber Duck Craft (MED DR)</p>	<p>9:00 Let's Get Moving Exercises (MED DR) 14</p> <p>9:30 Coffee Filter Snow Flakes (MED DR) 1:00 Name that 80's 1 Hit Wonder (MED DR) 2:00 Wii Bowling (MED DR)</p>	<p><b>Elvis Presley Birthday</b> 8</p> <p>9:00 Let's Get Moving Exercises (MED DR) 9:30 Elvis Trivia (MED DR) 1:00 Bingo (MED DR) 2:00 Root Beer Floats &amp; Elvis Movie (MED DR)</p>	<p>9:00 Manicures &amp; Massage (MED DR) 9</p> <p>10:30 Let's Get Moving Exercises (MED DR) 1:00 Making Bird Seed Ornament (MED DR) 2:00 High Low (MED DR)</p>	<p>9:00 Let's Get Moving Exercises (MED DR) 10</p> <p>9:30 Coffee &amp; Oreo Cake Social (MED DR) 1:00 Picture Worth 1,000 Words (MED DR) 2:00 Happy Hour with Veggie Pizza (MED DR)</p>	<p>10:00 Winter Themed Water Painting (MED DR) 2:00 Bingo (MED DR)</p>
<p><b>National Popcorn Day</b> 19</p> <p>10:00 Making Popcorn Balls (MED DR) 2:00 Bingo (MED DR)</p>	<p><b>Martin Luther King Day</b> 20</p> <p>9:00 Let's Get Moving Exercises (MED DR) 9:30 Coffee &amp; Vanilla Cake Social (MED DR) 1:00 Snow Flake Painting (MED DR) 2:00 Mini Drop Zone (MED DR)</p>	<p><b>MLK Birthday</b> 15</p> <p>9:00 Let's Get Moving Exercises (MED DR) 9:30 MLK Trivia (MED DR) 1:00 Bingo (MED DR) 2:00 Cooking with Erin - Hot Chocolate (A-Wing DR)</p>	<p><b>**DINE IN MONEY DUE**</b> 16</p> <p>9:00 Manicures &amp; Massage (MED DR) <b>10:00 Pastor Bob Arnold Church Service (MED DR)</b> 1:00 Snowman Popsicle Stick Craft (MED DR) 2:00 Bean Bag Toss (MED DR)</p>	<p>9:00 Let's Get Moving Exercises (MED DR) 17</p> <p>9:30 Coffee &amp; Muffin Social (MED DR) 1:00 Whose Face? (MED DR) 2:00 Happy Hour with Bourbon Meatballs (MED DR)</p>	<p>10:00 Snowman Throwing Game (MED DR) 2:00 Bingo (MED DR)</p>	
<p>10:00 Wii Bowling (MED DR) 2:00 Bingo (MED DR)</p>	<p><b>**DINE IN**</b> 21</p> <p>9:00 Let's Get Moving Exercises (MED DR) 9:30 Cotton Ball Penguin (MED DR) 1:00 Name that 70's 1 Hit Wonder (MED DR) 2:00 Wii Bowling (MED DR) 4:00-5:30 MLK Service by Kenyon College Music Group</p>	<p><b>National Blonde Brownies Day</b> 22</p> <p>9:00 Let's Get Moving Exercises (MED DR) 9:30 Making Blondie Brownies (MED DR) 1:00 Bingo (MED DR) 2:00 Blondie Brownies &amp; Vanilla Ice Cream (MED DR)</p>	<p>9:00 Manicures &amp; Massage (MED DR) 23</p> <p><b>10:00 Pastor Bob Arnold Church Service (MED DR)</b> 1:00 Waterless Snow Globe (MED DR) 2:00 LRC (MED DR)</p>	<p><b>National Peanut Butter Day</b> 24</p> <p>9:00 Let's Get Moving Exercises (MED DR) 9:30 Coffee &amp; Peanut Butter Cookies Social (MED DR) 1:00 Picture Worth 1,000 Words (MED DR) 2:00 Happy Hour with Cheese &amp; Crackers (MED DR)</p>	<p>10:00 Blank Slate Game (MED DR) 2:00 Bingo (MED DR)</p>	
<p><b>National Chocolate Cake Day</b> 26</p> <p>9:00 Let's Get Moving Exercises (MED DR) 9:30 Coffee &amp; Chocolate Cake Social (MED DR) 1:00 Run, Run, Snowman (MED DR) 2:00 Movie &amp; Snacks (MED DR)</p>	<p>9:00 Let's Get Moving Exercises (MED DR) 27</p> <p>9:30 Puff Paint Snow Globe (MED DR) 1:00 Name that 60's 1 Hit Wonder (MED DR) 2:00 Wii Bowling (MED DR)</p>	<p><b>National Puzzle Day</b> 29</p> <p>9:00 Let's Get Moving Exercises (MED DR) 9:30 Initial Puzzle Piece Craft (MED DR) 1:00 Bingo (MED DR) 2:00 End of Month Birthday Party (MED DR)</p>	<p>9:00 Manicures &amp; Massage (MED DR) 30</p> <p><b>10:00 Pastor Bob Arnold Church Service (MED DR)</b> 1:00 Snowman Jenga Piece Craft (MED DR) 2:00 Drumming Circle (MED DR)</p>	<p>9:00 Let's Get Moving Exercises (MED DR) 31</p> <p>9:30 Coffee &amp; Variety Bagel Social (MED DR) 1:00 Whose Face? (MED DR) 2:00 Happy Hour with Buffalo Chicken Dip (MED DR)</p>	 <p>Scan To Send Media to Social</p>	