

FEBRUARY 2025

MEDICAL CALENDAR

Country Club
Rehabilitation Campus
at Mt. Vernon
A Senior Health Care Community



SUN

MON

TUE

WED

THU

FRI

SAT

Location Key:

APT DR = Apartment Dining Room

MED DR = Medical Dining Room

Mail Delivery
Mon - Sat

Purple is Religious Offering

Red is Restaurant

All activities are subject to change
due to activity staffing and weather

SUN	MON	TUE	WED	THU	FRI	SAT
Ground Hog Day 2 9:00 Let's Get Moving Exercises (MED DR) 10:00 Movie - Ground Hog Day (MED DR) 2:00 Bingo (MED DR) 3:00 White Board Hangman (MED DR)	National Carrot Cake Day 3 9:00 Let's Get Moving Exercises (MED DR) 9:30 Coffee & Carrot Cake Social (MED DR) 1:00 Granny Creek (MED DR) 2:00 Making Bird Feeders (MED DR) 6:00 Blank Slate (MED DR)	4 9:00 Let's Get Moving Exercises (MED DR) 9:30 Thumb Print Heart Craft (MED DR) 1:00 Guess that 80's Love Song (MED DR) 2:00 Wii Bowling (MED DR) 6:00 Phase 10 (MED DR)	5 9:00 Let's Get Moving Exercises (MED DR) 9:30 Salt Dough Heart Craft (MED DR) 1:00 Bingo (MED DR) 2:00 Root Beer Floats (MED DR) 6:00 LRC (MED DR)	6 9:00 Manicures & Massage (MED DR) 10:00 Pastor Bob Arnold Church Service (MED DR) 1:00 Let's Get Moving Exercises (MED DR) 2:00 Let's Play High/Low (MED DR) 6:00 Uno (MED DR)	7 Wear Red Day 9:00 Let's Get Moving Exercises (MED DR) 9:30 Coffee & Red Velvet Cake Social (MED DR) 1:00 Whose Face? (MED DR) 2:00 Happy Hour with BBQ/ Hot Wings (MED DR) 6:00 Making Paper Roses (MED DR)	1 9:00 Let's Get Moving Exercises (MED DR) 10:00 Valentine Themed Coloring (MED DR) 2:00 Bingo (MED DR) 3:00 Penny Toss (MED DR)
Super Bowl Sunday 9 9:00 Let's Get Moving Exercises (MED DR) 10:00 You're your Own Pizza (MED DR) 2:00 Bingo (MED DR) 3:30 Pastor Traig's Church Service (MED DR) 6:00 Super Bowl Party (MED DR)	10 9:00 Let's Get Moving Exercises (MED DR) 9:30 Coffee & Funfetti Cake Social (MED DR) 1:00 Crystal Hearts with Borax (MED DR) 2:00 Wheel Game (MED DR) 6:00 Racko (MED DR)	11 9:00 Let's Get Moving Exercises (MED DR) 9:30 Heart Ornament Craft (MED DR) 1:00 Guess that 70's Love Song (MED DR) 2:00 Wii Bowling (MED DR) 3:00 Resident Council (A-Wing DR) 6:00 Pictionary (MED DR)	12 9:00 Let's Get Moving Exercises (MED DR) 9:30 Valentine Beaded Craft (MED DR) 1:00 Valentine Themed Bingo (MED DR) 2:00 Cooking with Erin - Chocolate Covered Station (A-Wing DR) 6:00 Trivia (MED DR)	**DINE IN MONEY DUE** 13 9:00 Manicures & Massage (MED DR) 1:00 Let's Get Moving Exercises (MED DR) 2:00 Bean Bag Toss (MED DR) 6:00 Clue (MED DR)	14 9:00 Let's Get Moving Exercises (MED DR) 9:30 Coffee & Yogurt Parfait Social (MED DR) 1:00 Picture Worth 1,000 Words (MED DR) 2:00 Valentine's Day Party (MED DR) 6:00 Valentine's Day Coloring (MED DR)	8 9:00 Let's Get Moving Exercises (MED DR) 10:00 Flowers by Hearts Craft (MED DR) 2:00 Jackpot Bingo (MED DR) 3:00 Valentine Themed Water Painting (MED DR)
16 9:00 Let's Get Moving Exercises (MED DR) 10:00 Movie Matinee (MED DR) 2:00 Bingo (MED DR) 3:00 Tree Paper Hearts Craft (MED DR)	Presidents Day 17 9:00 Let's Get Moving Exercises (MED DR) 9:30 Coffee & Vanilla Cake Social (MED DR) 1:00 President's Day Trivia (MED DR) 2:00 Mini Drop Zone (MED DR) 6:00 Phase 10 (MED DR)	**DINE IN** 18 9:00 Let's Get Moving Exercises (MED DR) 9:30 Mosaic Tile Craft (MED DR) 1:00 Guess that 60's Country Song (MED DR) 2:00 Wii Bowling (MED DR) 6:00 Blank Slate (MED DR)	National Chocolate Chip Mint Day 19 9:00 Let's Get Moving Exercises (MED DR) 9:30 Canvas Painting (MED DR) 1:00 Bingo (MED DR) 2:00 Mint Chocolate Chip Shakes (Soda Shoppe) 6:00 Uno (MED DR)	20 9:00 Manicures & Massage (MED DR) 10:00 Pastor Bob Arnold Church Service (MED DR) 1:00 Let's Get Moving Exercises (MED DR) 2:00 LRC (MED DR) 6:00 Penny Toss (MED DR)	21 9:00 Danville Piano Students (MED DR) 9:30 Coffee & Sticky Bun Social (MED DR) 1:00 Whose Face? (MED DR) 2:00 Happy Hour with Buffalo Chicken Dip (MED DR)	15 9:00 Let's Get Moving Exercises (MED DR) 10:00 Sun Catcher Craft (MED DR) 2:00 Bingo (MED DR) 3:00 White Board Sudoku (MED DR)
National Banana Bread Day 23 9:00 Let's Get Moving Exercises (MED DR) 10:00 Making Banana Bread (MED DR) 2:00 Bingo (MED DR) 3:30 Pastor Traig's Church Service (MED DR)	24 9:00 Let's Get Moving Exercises (MED DR) 9:30 Coffee & Banana Nut Bars Social (MED DR) 1:00 Pony Bead Jewelry Making (MED DR) 2:00 Balloon Volleyball (MED DR)	25 9:00 Let's Get Moving Exercises (MED DR) 9:30 Paper Strip Heart Craft (MED DR) 1:00 Guess that 70's Country (MED DR) 2:00 Wii Bowling (MED DR) 6:00 Coloring (MED DR)	National Letter to An Elder Day 26 9:00 Let's Get Moving Exercises (MED DR) 9:30 Letter Writing Party (MED DR) 1:00 Bingo (MED DR) 2:00 End of Month Birthday Party (MED DR) 6:00 LRC (MED DR)	27 9:00 Manicures & Massage (MED DR) 10:00 Pastor Bob Arnold Church Service (MED DR) 1:00 Let's Get Moving Exercises (MED DR) 2:00 Let's Play High/Low (MED DR) 6:00 Clue (MED DR)	28 9:00 Let's Get Moving Exercises (MED DR) 9:30 Coffee & Social (MED DR) 1:30 Celebrate Doralee's 103 rd Birthday (MED DR) 3:00 Happy Hour with Cheese & Crackers (MED DR) 6:00 Trivia (MED DR)	George Washington's Birthday 22 9:00 Let's Get Moving Exercises (MED DR) 10:00 George Washington Trivia (MED DR) 2:00 Bingo (MED DR) 3:00 George Washington Documentary (MED DR)



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