

MARCH 2025

MEDICAL CALENDAR

Country Club
Rehabilitation Campus
at Mt. Vernon
A Senior Health Care Community



SUN MON TUE WED THU FRI SAT

Location Key:
APT = Apartment
MED DR = Medical Dining Room
A-Wing DR = A Wing Dining Room

Purple is Religious Offering
Red is Restaurant

Mail Delivery
Mon - Sat



National Peanut Butter Day 1
9:00 Let's Get Moving Exercises (MED DR)
10:00 Making PB Cookies (MED DR)
2:00 Jackpot Bingo (MED DR)
3:00 Coloring (MED DR)

2
9:00 Let's Get Moving Exercises (MED DR)
10:00 Shamrock Pop-up Card (MED DR)
2:00 Bingo (MED DR)
3:00 Hang Man (MED DR)

3
9:00 Let's Get Moving Exercises (MED DR)
9:30 Coffee & Vanilla Cake Social (MED DR)
1:00 Granny Creek (MED DR)
2:00 LRC (MED DR)
6:00 Trivia (MED DR)

4
9:00 Let's Get Moving Exercises (MED DR)
9:30 Shamrock Chalk Art (MED DR)
1:00 Guess that 60's Rock Song (MED DR)
2:00 Wii Bowling (MED DR)
6:00 Clue (MED DR)

Ash Wednesday 5
9:00 Let's Get Moving Exercises (MED DR)
9:30 Cross Craft on Canvas (MED DR)
1:00 Bingo (MED DR)
2:00 Root Beer Floats (MED DR)
6:00 Phase 10 (MED DR)

6
9:00 Manicures & Massage (MED DR)
10:00 Pastor Bob Arnold Church Service (MED DR)
1:00 Let's Get Moving Exercises (MED DR)
2:00 Wheel Game (MED DR)
6:00 Uno (MED DR)

7
9:00 Let's Get Moving Exercises (MED DR)
9:30 Coffee & Chocolate Cake Social (MED DR)
1:00 Whose Face? (MED DR)
2:00 Happy Hour with Cheese & Crackers (MED DR)
6:00 Blank Slate (MED DR)

8
9:00 Let's Get Moving Exercises (MED DR)
10:00 Shamrock Water Painting (MED DR)
2:00 Bingo (MED DR)
3:00 Resident Choice Movie Matinee (MED DR)

Daylight Savings Time 9
9:00 Let's Get Moving Exercises (MED DR)
10:00 Barbie Movie and Snacks (MED DR)
2:00 Bingo (MED DR)
3:30 Pastor Traig's Church Service (MED DR)

10
9:00 Let's Get Moving Exercises (MED DR)
9:30 Coffee & Red Velvet Cake Social (MED DR)
1:00 Penny Toss (MED DR)
2:00 Bean Bag Toss (MED DR)
6:00 Racko (MED DR)

11
9:00 Let's Get Moving Exercises (MED DR)
9:30 Beaded Pipe Cleaner Shamrock (MED DR)
1:00 Guess that 70's Rock Song (MED DR)
2:00 Wii Bowling (MED DR)
3:00 Resident Council Meeting (A-Wing DR)
6:00 Trivia (MED DR)

12
9:00 Let's Get Moving Exercises (MED DR)
9:30 Shamrock Crystals (MED DR)
1:00 Bingo (MED DR)
2:00 Cooking Club (A-Wing DR)
6:00 Clue (MED DR)

National Popcorn Lovers Day 13
9:00 Manicures & Massage (MED DR)
10:00 Let's Get Moving Exercises (MED DR)
1:00 Making Popcorn Balls (MED DR)
2:00 Mini Drop Zone (MED DR)
6:00 Phase 10 (MED DR)

Pi Day 14
9:00 Let's Get Moving Exercises (MED DR)
9:30 Coffee & Variety of Pies Social (MED DR)
1:00 Picture Worth 1,000 Words (MED DR)
2:00 Happy Hour with Fruit Pastries (MED DR)
6:00 Uno (MED DR)

15
9:00 Let's Get Moving Exercises (MED DR)
10:00 Shamrock Canvas Painting (MED DR)
2:00 Bingo (MED DR)
3:00 Resident Choice Movie Matinee (MED DR)

16
9:00 Let's Get Moving Exercises (MED DR)
10:00 Origami Shamrock (MED DR)
2:00 Bingo (MED DR)
3:30 Pastor Traig's Church Service (MED DR)

Saint Patrick's Day 17
9:00 Let's Get Moving Exercises (MED DR)
9:30 Coffee & Minty Pudding Parfait Social (MED DR)
1:00 St Patty's Day Themed Coloring (MED DR)
2:00 St Patty's Day Party (MED DR)
6:00 Blank Slate (MED DR)

18
9:00 Let's Get Moving Exercises (MED DR)
9:30 Shamrock Wreath (MED DR)
1:00 Bingo & Conversation with Chris (MED DR)
2:00 Wii Bowling (MED DR)
6:00 Trivia (MED DR)

8:00-10:00 First Responders Breakfast 19
1:00 Bingo (MED DR)
2:00 Banana Splits (Soda Shoppe)
6:00 Phase 10 (MED DR)

First Day of Spring 20
9:00 Manicures & Massage (MED DR)
10:00 Pastor Bob Arnold Church Service (MED DR)
1:00 Let's Get Moving Exercises (MED DR)
2:00 Larry Splain Gospel Music (MED DR)
6:00 Uno (MED DR)

DINE IN DUE 21
9:00 Let's Get Moving Exercises (MED DR)
9:30 Coffee & Strawberry Cake Social (MED DR)
1:00 Whose Face? (MED DR)
2:00 Happy Hour with Ham & Swiss Sliders (MED DR)
6:00 Racko (MED DR)

Celtic Dancers (MED DR) 22
9:00 Let's Get Moving Exercises (MED DR)
10:00 Penny Toss (MED DR)
2:00 Bingo (MED DR)
3:00 Water Painting (MED DR)

23
9:00 Let's Get Moving Exercises (MED DR)
10:00 Spring Themed Coloring Pages (MED DR)
2:00 Bingo (MED DR)
3:00 Hang Man (MED DR)

24
9:00 Let's Get Moving Exercises (MED DR)
9:30 Coffee & Funfetti Cake Social (MED DR)
1:00 Let's Play High- Low (MED DR)
2:00 Balloon Volleyball (MED DR)
6:00 Blank Slate (MED DR)

DINE IN 25
9:00 Let's Get Moving Exercises (MED DR)
9:30 Paper Shamrocks (MED DR)
1:00 Guess that 80's Rock Song (MED DR)
2:00 Wii Bowling (MED DR)
6:00 Trivia (MED DR)

26
9:00 Let's Get Moving Exercises (MED DR)
9:30 Spring Themed Calm Down Jars (MED DR)
1:00 Bingo (MED DR)
2:00 Ice Cream Sundaes (Soda Shoppe)
6:00 Phase 10 (MED DR)

27
9:00 Manicures & Massage (MED DR)
10:00 Pastor Bob Arnold Church Service (MED DR)
1:00 Let's Get Moving Exercises (MED DR)
2:00 End of Moth Birthday Party (MED DR)
6:00 Uno (MED DR)

28
9:00 Let's Get Moving Exercises (MED DR)
9:30 Coffee & Variety of Bagels Social (MED DR)
1:00 Picture Worth 1,000 Words (MED DR)
2:00 Happy Hour with Cheese Ball & Crackers (MED DR)
6:00 Clue (MED DR)

29
9:00 Let's Get Moving Exercises (MED DR)
10:00 Coloring (MED DR)
2:00 Bingo (MED DR)
3:00 Sudoku (MED DR)

30
9:00 Let's Get Moving Exercises (MED DR)
10:00 Music Trivia (MED DR)
2:00 Bingo (MED DR)
3:30 Pastor Traig's Church Service (MED DR)

31
9:00 Let's Get Moving Exercises (MED DR)
9:30 Coffee & Oreo Cake Social (MED DR)
1:00 Balloon Volleyball (MED DR)
2:00 Let's Play High- Low (MED DR)
6:00 Racko (MED DR)

